



## Peace of mind 24/7

Health concerns don't follow a 9 to 5 weekday schedule. Sometimes you need answers to your health questions right away—and that can be the middle of the night or while you're away on vacation. That's why the **24/7 NurseLine** is there for you and your family 24 hours a day, seven days a week.

You can call the **24/7 NurseLine** any time to speak with a registered nurse who is trained to help you make more informed decisions about your health situation.

For accurate, confidential health information, call **888-279-5449**.  
A nurse is just a phone call away.

### Sensitive Topic?

No problem. Not everyone is comfortable discussing their health concerns with someone else. If you prefer, you can call and listen to confidential recorded messages about hundreds of health topics in English and Spanish by accessing the AudioHealth Library.  
Call **888-279-5449**.